

Care of the Skin after Cryotherapy

- Your skin has been treated today by freezing with liquid nitrogen, which is known as cryotherapy.
- Minor discomfort is common and is usually relieved with paracetamol (please follow instructions on the box).
- It is important to wash the treated area on a daily basis to keep the area clean and to gently remove any loose scabs.
- Sometimes the area may swell up, blister and can fill with blood, please do not worry as this is quite normal following this treatment. Blisters can be pricked with a sterile needle and an antiseptic cream such as Savlon or Germolene can be applied morning and evening until the healing process is complete.
- The wound healing time can vary between a few days to a couple of weeks for larger areas.
- If you feel the pain is not subsiding after four or five days of the treatment, and the area looks very red and angry please inform our clinic as you may have an infection.

If you have any concerns or need further information please contact our clinic.

Clinic number -